Terms and conditions

RESERVATIONS

We encourage our guests to schedule their appointments in advance. Appointments can be scheduled by calling the Spa reception desk at 0124 4977691 from the handset or 7961 from the hotel intercom

For the optimal Heavenly Spa experience we recommend that you arrive at least 30 minutes before the scheduled appointment time so that you may relax and take a shower before the treatment

CANCELLATION POLICY

We require 24 hours notice for changes and cancellation. In case of cancellation within 4 hours of the appointment we would charge 50% of the price of the treatment booked

Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

TIPS TO RECEIVE THE FULL BENEFITS OF **HEAVENLY SPA BY WESTIN**

TAKE TIME: Give yourself plenty of time so you can enjoy the steam, sauna or Jacuzzi prior to your services. This will relax and warm the muscles, which will aid in the therapeutic of all our treatment and services.

SHOWER: A quick shower just before your massage treatment is relaxing and washes off any salts, minerals or chemicals that could clog pores when mixed with oils or other treatment products.

TREATMENT ATTIRE: Guests will be provided with disposable undergarments. You are required to wear this for your comfort throughout the services. Our therapists will always use draping techniques to respect your privacy. At no time during the treatment will you be exposed, except in certain Ayurvedic

COMMUNICATE: Prior to the start of your service, tell your therapist the areas you would like to focus on, and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting what you want out of your Heavenly Spa by westin experience. Keep in mind that all bodywork is similar to exercise in that, lactic acid and other toxins are released from the muscles.

LET GO: Close your eyes and allow your mind to be free. Breathe deeply and let the tension slip away with each breath. Remember this time is for you.

For Ayurvedic treatments please call the reception desk at 0124 4977691 from the handset or 7961 from the hotel intercom

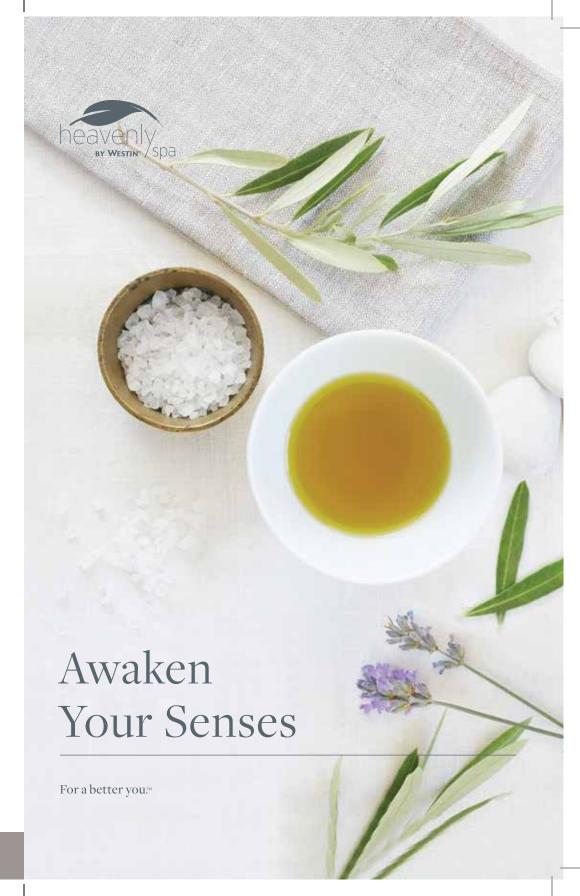
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Massages

HEAVENLY SPA SIGNATURE MASSAGE

Heated compress invites back muscles to relax, before the Swedish massage, Leaves you feeling physically rested and mentally uplifted

60 Minutes or 75 Minutes or 90 Minutes

UNWIND

Natural Aromatherapy oils along with diverse massage techniques are customized to answer the tired muscles and stressed mind

60 Minutes or 75 Minutes or 90 Minutes

TRANQUIL

This head to toe massage uses carefully applied pressure to induce a deep state of relaxation, leaving you prepared for a sound nights sleep

60 Minutes or 75 Minutes or 90 Minutes

WESTIN WORKOUT MASSAGE

An intensive massage that works deep into stiff, tight, aching muscle to instantly release pain and tension

60 Minutes or 75 Minutes or 90 Minutes

HOT STONE MASSAGE

A therapeutic healing massage that incorporate the use of heated smooth stones on those stress muscles and pressure points to restore, balance and energize. The heat warms and relaxes the muscles, improves circulation and calms the nervous system.

60 Minutes or 75 Minutes or 90 Minutes

THAI MASSAGE

An ancient form of therapeutic healing that has its roots in India and Thailand. Using slow gentle rocking movements the therapists apply compression with thumb, palm, elbow, knees and feet to harmonize vital life energies. This treatment relaxes, energizes and increases flexibility.

60 Minutes or 80 Minutes

SWEDISH MASSAGE

It is an excellent massage that works with various techniques to flush the tissue of toxins and thereby tiredness. It also stimulates the skin as well as the nervous system, and

increases oxygen flow helping to energize, revive and promote well being

60 Minutes or 75 Minutes or 90 Minutes

BALINESE

The balinese massage combines techniques from different cultures especially India, Chinese and European. This massage offers acupressure, rolling motion, long strokes and percussion which provide an invigorating experience for the body

60 Minutes or 75 Minutes or 90 Minutes

FOUR HAND MASSAGE

The ultimate massage experience. A blend of five different massage styles – Shaiatsu, Thai, Hawaiian, Lomi Lomi and Swedish. Performed by two therapists working together to promote wellness

60 Minutes or 75 Minutes or 90 Minutes

MOM TO BE PRE-NATAL MASSAGE

A luxurious massage recommended in the second and third trimester of pregnancy. It takes care of all the special needs to promote overall wellness while we take all the precautions required for this very special phase in life.

75 Minutes or 90 Minutes

REFLEXOLOGY

The Chinese technique of acupressure using finger point stimulates reflex zones in the feet, which are systematically linked to all parts of the body. By stimulating these points the circulation of the entire body is improved.

60 Minutes

SCALP AND SHOULDER MASSAGE TENSION RELIEF BACK MASSAGE

As most of the muscle tension and knots are concentrated around the neck, shoulder and back, this treatment aims to relieve back pain and correct repetitive stress syndrome

30 Minutes

Body Treatments

HEAVENLY BODY

To heal a tired or tanned skin indulge in a healing and moisturizing treatment that includes a body exfoliation and a body cocoon

60 Minutes

Spa Rituals and Packages

INDIAN BATH RITUAL

Indulge in the complete beauty treatment as experienced by the Indian Royalty.

The experience begins with a full body exfoliation using the "ubtan": a gommage made from turmeric and herbs, followed by a 45 minutes massage with Hemp oil having properties to heal and nourish the skin. The massage is followed by a Face clean up and Head massage.

The whole experience ends with a milky bath enriched with aromatic rose oil and a light snack

180 Minutes

THE PHARAOHS BATH RITUAL

The ancient Egyptian priests were also physicians who formulated and recorded recipes for restoring health, vitality and youth

The exotic Therapy begins with honey and sugar scrub and a warm tea tree and dead sea salt soak, followed by 45 minute massage with oil enriched with myrrh, medicinal barks and frankincense that relaxes and hydrates the skin and a dead sea mud wrap. The therapy ends with a mini facial for that complete feeling of indulgence

180 Minutes

CONFIDENCE

A complete pampering for Him.

The package involves a 60 minute massage followed by Pedicure and an express facial

120 Minutes

SUAVE

An express yet complete indulgence for Him.

The package involves a Pedicure, Manicure and an express facial all in one hour

60 Minutes

TOUCH OF HEAVEN

For the feeling of togetherness, a beautiful package that includes a body exfoliation, massage and an express facial

180 Minutes

Facials

CHROMACURE

This revolutionary new treatment is a natural and effective method in your quest to achieve outstanding result without damaging the delicate structure of the skin. Its brightening, radiance-boosting mask helps even the appearance of skin tone and reducing Melanin.

60 MINUTES

ANTI AGING

The facial delivers instant dramatic result and younger looking skin. The benefit includes improved skin tone and texture, face contouring and reduction of fine lines.

60 MINUTES

COMFORT

A facial that provides in-depth moisturization, reestablishes and strengthens the protective skin hydra-lipidic barrier. The moisture mask delivers noticeable results in a minimum amount of time.

60 MINUTES

NURTURI

A express facial for a beautiful complexion. Rich in vitamins and minerals, it is a soothing facial that leaves the skin looking clean, healthy and vibrant

60 MINUTES

PURITY

A facial recommended for overly active sebaceous glands. It helps improve oily skin while it maintains the moisture balance.

60 MINUTES

BEAUTIFUL EYES

An eye contour treatment that is perfect anytime specially before any important event or meeting. It refreshes the eyes and reduces puffiness. Specially recommended post late nights and long flights

30 MINUTES

Beauty Services

HAIRCUT

SHAMPOO AND BLOWDRY

HAIR STYLING

HAIR OIL MASSAGE

HAIR COLOR

HAIR TREATMENTS

PEDICURE

MANICURE

BODY EPILATION

For reservations, please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations.